safe zone

If you have a double-sided card, make two files, one for each side.

Open the Layers Palette. Place your design on the *Design* layer.
Use the layer *safe zone & instructions* for reference only and delete it before submitting to Overnight Prints.
Keep all text and important image(s) within the *safe zone* to avoid being cut.
Extend your background all the way to the edge, beyond the trim mark for proper full bleed - if desired by the design.

Duplicate your text, and turn the duplicate to outlines.
Hide the live text

Extend your background design all the way to the Art Board's edge on all four sides

The product will be cut on the trim mark (blue line)

Place all text and important image(s) inside the safe zone (red line)